



## SAN FRANCISCO SAFESTART INITIATIVE

### ABOUT THE SAFESTART INITIATIVE

Recent research shows that young children who witness violence are vulnerable to many issues including developmental delay, aggression, behavioral disorders, depression, anxiety, low self-esteem and self-confidence, inability to react appropriately to stress, and later tendency towards violence as adolescents.

SafeStart is an initiative that seeks to reduce the incidence and impact of violence on San Francisco's children age zero to six. SafeStart delivers services, develops policies, and works to improve the systems which respond to families with young children exposed to violence.



### PARENT INFORMATION SESSIONS

1. Parents will learn about types of violence including domestic violence and community violence.
2. Parents will learn about research regarding exposure to violence including symptoms that may be affecting a child.
3. Parents will learn about what makes children resilient to the effects of exposure to violence
4. Parents will learn about community resources that are available.

The SafeStart training curriculum is developed in consultation with national experts. All training and outreach opportunities are planned in partnership with you and are customized to your audience. Each of the opportunities can be delivered together with the SafeStart Training and Outreach Coordinator, a SafeStart Family Advocate, or whoever can best relate to your audience. We can deliver at your site or ours and with bilingual/bicultural staff in English, Spanish, Cantonese, or Tagalog. We provide brochures and other reference materials.



San Francisco SafeStart Initiative (415) 441-KIDS (5437)

Sarah Curtin: Education and Outreach Coordinator (415)668-0494 ext. 419